

THINGS TO KNOW BEFORE YOUR TRANSPLANT APPOINTMENT

1. Because certain drugs cause the blood to thin you need to stop taking all aspirin and aspirin-containing products at least **10 days** before your appointment. Take Tylenol if needed. The group of medications called NSAIDS (ibuprofen, Advil, naproxen, Aleve, etc.) should also be stopped **5 days** prior to your procedure. Any prescription blood thinners need to be stopped **3 days** before the procedure **AFTER** you receive approval from your prescribing physician . **DO NOT DRINK ALCOHOL or take vitamin E 2 days before the procedure.**
2. **Eat a normal breakfast the morning of your procedure.** You will be given a medication that needs to be taken with food. You will be here up to 8 hours and we will provide lunch.
3. You may want to bring a baseball cap or a hat to wear home after your transplant is completed. It should be adjustable or loose on your head.
4. Wear comfortable clothing and a shirt that **buttons down the front**, rather than one that slips over your head. The rooms tend to be 74°F, dress accordingly for your comfort.
5. You may also want to bring a book, laptop or smart phone/kindle to keep you occupied; We have free wifi available to you. There is a limited selection of DVDs on hand with players in each room.
6. **Shampoo your hair well the morning of the procedure** to remove all oil, scaling or hair products. Do not apply any agents to the hair or scalp the morning of your appointment. This includes medications (Rogaine, medicated lotions, etc.) or grooming agents (gel, hair spray, etc.)
7. Local anesthetic will be used to avoid discomfort during the procedure. If you desire a stronger sedation we can accommodate your request. You may not drive for 12 hours after sedation, therefore if you wish to be sedated, please arrange for someone to drive you home after the procedure.
8. Be sure to have your pre-operative lab work done as soon as possible. It is due 3 weeks prior to surgery. Some labs require 2 weeks to complete. Test results are valid for 6 months.
9. To avoid a trip to the drugstore after surgery, you may want to purchase some triple antibiotic ointment (Neosporin or equivalent) to use on the scalp where you have stitches.
10. Payment is due in full on the day of the procedure. A \$500 deposit is required at time of scheduling in order to hold the date for your transplant. Our accepted methods of payment are cash, Visa, MasterCard, American Express, cashier's check, and wire transfers. If you wish to pay with a personal check you must do so 3 weeks prior to your procedure.
No Personal Checks Date of Service!

OVER THE COUNTER MEDICATIONS WHICH CONTAIN ASPIRIN OR NSAIDS

**IF YOU ARE TAKING ANY OF THESE MEDICATIONS, STOP THEM 10 DAYS
BEFORE SURGERY TO AVOID EXCESSIVE BLEEDING**

ANY ASPIRIN (Bayer, St. Joseph)
ANY IBUPROFEN (Motrin, Advil)
Aleve
Alka-Seltzer Effervescent Pain Reliever & Antacid
Alka-Seltzer Plus Cold Medicine
Anacin Analgesic Caps/Tabs (any type)
Arthritis Strength Bufferin
Ascriptin
Aspergum
Bayer Children's Chewable Aspirin
Bristol-Meyer 4-Way Cold Tablets
Bufferin
Cams Inlay-Tabs
Congespirin
Ecotrin Tablets (any type)
Empirin
En. Tab-650 Tablets
Excedrin
Goody's BC Headache Powders
Midol
Momentum Muscular Backache Formula
Panalagesic
Sins-Off Sinus Medicine Tablets-Aspirin
Triaminic Tablets
Vanquish
Fish Oil
Vitamin E

**IF YOU ARE TAKING ANY OF THESE MEDICATIONS, STOP THEM 3 DAYS
BEFORE SURGERY AFTER CLEARING WITH PRESCRIBING PHYSICIAN**

PRESCRIPTION BLOOD THINNERS

Warfarin-a.k.a. Coumadin
Heparin
Cox-2 inhibitors (Celebrex, Bextra, Vioxx)
Clopidigrol (Plavix)
Enoxaprin (Lovenox)
Miradon
Xarelto
Pradaxa
Eliquis

**IF YOU HAVE QUESTIONS ABOUT OTHER MEDICATIONS,
PLEASE CALL US.**

LAB INFORMATION

There are two ways to obtain your required lab work:

- You can go to your family doctor and have the labs ordered from the list below. We have been told this process can cost over \$500 unless you can get your insurance to pay for it. **This is a cosmetic procedure so most do not cover it.**
- **We have a contract with Clinical Pathology Laboratory.** You will need to pay us **\$150** if you choose to go to this lab and they will bill us for the labwork. We will fax the orders directly to them so the tests will go under our contracted price. Please provide us with the location near you and their fax number.
- To find a lab in your area call 800-595-1275 (CPL)

R_x

HIV Elisa Screen
Hepatitis B Surface Antigen
Hepatitis C Antibody
Complete Blood Count (CBC)
Comprehensive Metabolic Panel (CMP)
PT / PTT / INR

_____*Jennifer Krejci-Manwaring*_MD_____ _____*B.L.Limmer,MD*_MD_____



LIMMER
HAIR TRANSPLANT
C E N T E R

Hair Transplant Candidate # of grafts recommended _____

PRICING GUIDE

	Strip Harvest		Artas Robotic	
	Price per graft	Total	Price per graft	Total
500	\$6.00	3,000	\$8.00	4,000
750	\$6.00	4,500	\$8.00	6,000
1000	\$5.00	5,000	\$7.00	7,000
1250	\$5.00	6,250	\$7.00	8,750
1500	\$4.25	6,375	\$6.25	9,375
1750	\$4.25	7,473	\$6.25	10,937
2000-3000*	\$4.25		\$6.25	

* sessions of over 2000 grafts require 2 days back to back for scheduling

NOTE:

- **There is an additional charge of \$150 for pre-op lab work**
- **We require \$500 deposit to hold your procedure date** (which will be deducted from your procedure fee on day of service, however, this is non-refundable if procedure is cancelled within 10 working days)

Beard Transplants

Number of grafts	Price
100	\$2500
200	\$3500
>200	\$4500

Eyebrow Transplants

	Price
Full eyebrows	\$4500
Partial eyebrows	\$3500
Touch-up	\$2500

(Online price grid)

CHOICE HOTELS FOR OUR PATIENTS

1. Embassy Suites, (210) 525-9999 or (800) 955-6890. Provides Shuttle Service from 6:00 am to 12:00 pm. No pets allowed. Full cook to order breakfast is included till 10:00 am. Room rates are from \$119.00 to \$124.00. (Ask for the Limmer Hair Transplant Center rate)
 2. Hilton Garden Inn, (210) 494-7600. Provides Shuttle Service from 6:00 am to 11:00 pm. No pets allowed. Full cook to order breakfast is \$10.95 per person till 10:00 am The cost is \$129.00 - \$189.00 per evening, however, a 10% discount is offered to patients of The Limmer Hair Transplant Center.
 3. Microtel, (210) 404-1900. No Shuttle Service. No pets allowed. Free Continental Breakfast from 6-9:30 am. A single is \$49.00, a queen is \$59.00 and a queen suite is \$69.00. (Ask for Medical Rates)
 4. La Quinta Inn, (210) 497-0506. No Shuttle Service. **Pets are allowed.** Hospital Rate is 10% of current rate. (Ask for Medical Rate)
 4. Hilton Airport, (210) 340-6060 or 1-800-Hiltons. Complimentary Shuttle Service. Ask for the Medical Rate.
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PAYMENT POLICY AGREEMENT

NO personal checks will be accepted the morning of your surgery.

If you are paying with a personal check payment is due in full 3 weeks prior to your surgery.

Date of service we accept the following: Visa, MasterCard, American Express, Cash or Cashier's Check.

A \$500 deposit is required to confirm and hold your appointment date. The balance of the procedure will be collected the day of your procedure.

We understand that emergencies do occur, however, a \$500 cancellation fee (per day) will be charged for "no shows" or for failing to cancel your procedure at least 10 days in advance.

In order to keep your deposit, canceling or rescheduling your appointment needs to be done within 10 business days prior to your scheduled appointment.

We will also not refund the \$150 pre-op lab fee if you have used one of our contracted labs and they have billed our account.

It is your responsibility to contact the bank at which your credit card was issued to notify them if you need to increase your daily spending limit for the date of surgery. Most banks set a limit (per day) on your spending for security purposes and require a minimum of 24 hour notice in order to lift that amount.

We strongly suggest for our patients traveling from out of town that you arrive in San Antonio the night before your scheduled procedure. Attempting to fly the morning of your surgery puts you at risk of missing your appointment and forfeiting your deposit (\$500 per day). By planning to arrive the day prior, should there be any complications with airlines, flights, etc., there is still a window of time to make adjustments to your travel schedule.

Please contact Yolanda if you have ANY questions at yvilla@limmerhtc.com.
